SAFETY AWARENESS

Brief Topic Safety Refresher Training For Associates

2024



Slips, Trips and Falls

Many workers are injured annually due to falls on walking and working surfaces. Not only are slips, trips and falls an economical loss, they also account for a lot of pain and suffering. It is important to understand how slips, trips and falls happen, how to identify hazards and how to eliminate or minimize these hazards.

The following tips will bring awareness to help prevent such injuries.

Common causes for trips and falls are:

- Wet, waxed or oily surfaces
- Occasional spills
- Weather hazards (Ice, Rain, or Snow)
- Improper footwear (High heels, shoes with slick soles)
- Loose, unanchored rugs or mats
- Floors or other surfaces that do not have some degree of traction in all areas.
- Obstructed view
- Poor lighting
- Clutter
- Wrinkled carpeting
- Cables or cords left in the open
- Bottom drawers left open
- Uneven steps or surfaces



Preventing Slips, Trips & Falls

- Wear the appropriate footwear.
- Clean all spills immediately
- Mark spills with warning signs and barricades
- Mop and sweep debris from floors
- Remove obstacles from walkways and always keep them free of clutter
- Secure mats, rugs and carpet that do not lay flat by tacking or taping them down
- Always close file cabinet or storage drawers
- Cover cords and cables that cross walkways
- Keep working areas and walkways well lit. Replace burned-out bulbs and faulty switches.
- Ensure objects you are carrying, pushing or pulling do not prevent you from seeing any obstructions or spills.



