

SAFETY AWARENESS

Brief Topic Safety Refresher Training For Associates

2024

On-Site PPE Use

Wear Gloves

Of the many tools that we have available, our hands are the most valuable. They provide us with the dexterity necessary to perform precise maneuvers that even the most advanced technology cannot replicate. Even the simplest tasks are difficult for a person that does not have full use of his or her hands.

Working in construction puts your hands at a higher risk. Hand injuries on the job are quite common, but many are preventable. There are many things you can do to keep your hands safe, and here are a few of the most common.

Always protect your hands by wearing work gloves when handling rough materials or performing operations where you are using your hands to lift or move objects. An Occupational Safety and Health Administration (OSHA) study revealed that 70 percent of workers experiencing hand injuries were not wearing gloves. The remaining 30 percent were making use of damaged, inadequate or inappropriate types of gloves for the job. Choose the right gloves for the task and inspect them thoroughly before use.

Hard Hats

Objects falling from above can pose a serious danger on the job site. It's important to take this risk seriously, as falling objects can lead to lacerations, traumatic brain injuries and even death. One of the best ways to protect yourself from these risks is through the use of hard hats.

While hard hats are required on the job site, it's easy to take the protection they offer for granted.

The following are some safety precautions to consider when using hard hats:

- Always wear a hard hat when required. To ensure your protection, it's crucial to wear the right hard hat for the task at hand. When it comes to hard hat safety, it's important to remember that there are different classes of hard hats:
 - Class C (conductive) hard hats do not provide any protection from contact with electrical hazards.
 - Class G (general) hard hats provide some protection from contact with low-voltage electrical hazards.
 - Class E (electrical) hard hats provide some protection from contact with high-voltage electrical hazards.
- Store hard hats in a secure location. It should be noted that sunlight and heat can weaken hard hats. As such, you should never store hard hats in areas where they are exposed to damaging direct sunlight, like in the back of a car.
- Maintain your hard hat properly. Excessive exposure to paint and cleaning agents can weaken hard hats over time, making proper cleaning and maintenance all the more important. To keep hard hats in good condition, wash them using warm water.
- Follow all manufacturer guidelines related to hard hat usage and replacement. Above all, replace hard hats if there are any signs of damage. Additionally, if the hard hat sustains an impact, you should replace it even if it looks unaffected.

